

Have You Heard about Sustainable Food Packaging?

Customers are increasingly aware of the detrimental effects single-use plastic takeout containers, plates, utensils and cups have on the planet and prefer sustainable alternatives.

They are learning that:

Our current methods of extracting natural resources, turning them into products and packaging used for ever shorter periods of time, and then discarding them is not sustainable and contributes significantly to a wide variety of negative impacts such as forest and open space destruction, ocean pollution, health hazards, litter, water and air pollution and climate change.

Only nine per cent of plastic waste has been recycled, with an estimated 79 per cent of all plastic waste ever created being either in the open environment or in landfill.

Plastics in the environment can exist as miniature plastic particles known as microplastics. They can enter human cells and have toxic effects on lung, intestine, skin and brain cells. Humans now have an average weekly intake of about five (5) grams of microplastics – the equivalent of eating an entire credit card every single week!

The good news is that you can swap out plastics for sustainable, biodegradable materials such as paper that are comparably priced or less expensive. Here are a few companies offering these alternatives:

- Good Start Packaging: goodstartpackaging.com
- Paper Mart: papermart.com/i/take-out-food-boxes-containers/19069
- Morgan Chaney: morganchaney.com/paper-folding-food-takeout-containers.html

Please explore your healthier options. Your customers will thank you!